

Best Practices implemented by the Institution

Best Practice: 1

Title of practice

Four wings of sports- volleyball, basketball, athletics, and handball.

Objectives of the practice

There are 4 wings of sports such as volleyball, basketball, athletics, and handball.

1. To promote college students to achieve peak level performance in different types of competitions
2. To promote college students to participate in different type of sports activities

The context

To promote and motivate the students towards the sports.

The practice

1. Free diet and hostel are provided to sportsman
2. Sports kit and Sports equipment are provided to the sportsman free of cost.

Evidence of success

1. SCD Govt. College Ludhiana is getting medals from last 5 years in inter-college level competition of basketball and volleyball
2. Many players have participated in 'KHELO INDIA', all India university level, national level, and senior state level tournament
3. Many players of different sports have participated in 'KHELO INDIA' competition

Annual Athletic Meet

The two-day sports meet the College, Ludhiana was conducted in February 2023. Our sportspersons participated in various sports and games. The results are as follows:

800 meters race Boys (Morning college)
1st Mukul Tham BA 2nd year

2nd Kishan lal Sonkar BA 1st year
3rd Sonu MA Punjabi 2nd year

Evening college

1st Piyush Ojha BA 2nd year
2nd Mohit BA 2nd year
3rd Deepanshu BA 2nd year

Javelin Throw (Girls) Morning college

1st Anjali Verma BSc 3rd year
2nd Anjali Kumari BSc 3rd year
3rd Kashish BSc 2nd year

Javelin Throw Boys Morning college

1st Vijay Kumar BA 2nd year
2nd Balkar singh BA 2nd year
3 Rohit Verma BA 2nd year

Evening College

1st Piyush Ojha BA (2nd year)
2nd Deepak Sharma BA 2nd year
3rd Deepak Sathi BA 3rd year

High Jump Boys (morning college)

1st Vijay Kumar BA 2nd year
2nd Ayush Vij BBA 2nd year
3rd Ashish BCA 1st year.

1500 meters race Boys (morning college)

1st Mukul Dham BA 2nd year
2nd Kishan Lal Sonkar BA 1st year
3rd Rohit BSc 2nd year

1500 meters race (evening college)

1st Vijay BA 1st year
2nd Deepanshu Prasad BA 2nd year
3rd Deepak Sharma BA 2nd year

Problem encountered and resources required

The biggest challenge in sports is recovery from injury. Sportsmen got injury while practice very often. They often needed physiotherapy. Our faculty members of Physical Education Department help them to recover from injury.

Notes (optional)

We have standard sand track of athletics. We need synthetic athletic track for the betterment of athletes.

Best Practice: 2**1. Title of the practice:**

Finishing School

2. Objectives of the practice: This school is designed to achieve the following objectives:

- 1.To help the students to solve their personal, educational, and psychological problems
- 2.To provide guidance to the students on various career options and their future prospects
- 3.To acquaint the students with the admission procedure for higher studies and research fellowships
- 4.Enhance the soft skills & employability skills of fresh graduates from different streams to make them job-ready
- 5.Reinforce the students' skills to acquire industry-specific knowledge by interaction with experts of the industry and other professionals
- 6.To prepare the students to adapt themselves with ease to work cultures and the environment of the industry.

3.The context:

Various surveys in the recent past reported a large proportion of Indian graduates as unemployable. These reports established a fact that our graduates lack soft skills, employability skills, and attitude. NEP 2020 has also emphasised skilling and employability. We at SCD Govt College have not only accepted this challenge rather acted to cover this weakness of students to the best of our capacity. The college designed a Finishing School Programme. It is a modular programme developed by a group of teachers from different faculties of the college. This programme is an exclusive in-house developed course that acts as a bridge between college life and professional life apart from enhancing the employability quotient of the outgoing students.

4. The Practice: College is running 'Finishing School' in its vicinity. Through it, students are being trained to crack various competitive exams. They are

also being trained in diverse fields of their future utility like Communication Skills, Personality Development, Tally and Retail and Marketing. Through Finishing School, we focus on grooming the personalities of our students.

5. Evidence of Success: The evidence of the success of the practice is clearly visible from the activities carried out and placement over the last five years.

6. Problems Encountered and Resources Required: The main constraint is the tight and busy schedule of the semester. To overcome this obstacle the schedule for finishing school programme is implemented in the early morning and virtual classes.

7. Notes (Optional)

1. Highly motivated faculty
2. Financial resources for invited resource persons